

**Daily Lesson Plan with Activities****Center:****Classroom:****Week of:**

	<b>Day of Week:</b>
<b>Books of the Week</b>	
<b>Language Development (Spanish or Vocabulary)</b>	
<b>Mathematics Knowledge &amp; Skills (Numbers, Shapes, &amp; Colors)</b>	
<b>Social Studies (Knowledge of Self &amp; Peers)</b>	
<b>Music &amp; Movement/Teacher-Led Physical Activity</b>	
<b>Logic &amp; Reasoning (Problem Solving &amp; Strategies)</b>	
<b>Science Knowledge &amp; Skills/Sensory</b>	
<b>Literacy Knowledge &amp; Skills</b>	
<b>Creative Art Expression</b>	
<b>Music &amp; Movement/ Teacher-Led Physical Activity</b>	

Developmental Area and Objectives	Music & Movement/Teacher-Led Physical Activity Examples for 3-5 year olds
<b>Social/Emotional Development:</b> <ul style="list-style-type: none"> <li>Recognizes own feelings and manages them appropriately</li> <li>Respects and cares for classroom environment and materials</li> <li>Demonstrates an independence in a range of activities, routines, and tasks</li> <li>Understands similarities and differences among people</li> <li>Follows rules and routines</li> </ul>	<ul style="list-style-type: none"> <li>With a Letter or Two song (draw your first letter of your name with yarn or make a letter with your body)</li> <li>Wild Vines song (draw your favorite fruit or vegetable with yarn)</li> <li>In My Body song</li> <li>Identifying personal characteristics. Culture plays a part</li> <li>Developing language skills through songs and activities</li> <li>Play environment is age appropriate and safe</li> <li>Teaching personal space vs. shared space</li> <li>Teaching cooperative play with a partner or group (Swat the Fly)</li> <li>Taking turns being leader (Follow the Leader)</li> </ul>
<b>Physical Development:</b> <ul style="list-style-type: none"> <li>Coordinates eye-hand movement</li> <li>Follows basic health and safety rules</li> <li>Demonstrates progress in fine and gross motor skills</li> <li>Exhibits physical growth, strength, stamina, and flexibility</li> </ul>	<ul style="list-style-type: none"> <li>Toss and catch with activity scarves</li> <li>Using activity ropes to draw letters</li> <li>Build a Bridge song</li> <li>Head, Shoulders, Knees and Toes song</li> <li>With A Letter or Two song</li> <li>Throwing, catching, kicking, bouncing balls, marching, climbing, running, jumping, hopping, skipping, marching, galloping, etc.</li> </ul>
<b>Cognitive Development:</b> <ul style="list-style-type: none"> <li>Recognizes numbers and counting</li> <li>Explores cause and effect</li> <li>Demonstrates increasing ability and progress in matching, sorting, patterns, putting in a series</li> </ul>	<ul style="list-style-type: none"> <li>Counting jumping jacks, toe touches, etc.</li> <li>Build a Bridge song (pattern)</li> <li>Head, Shoulders, Knees and Toes song (pattern)</li> <li>Using portable play props to make patterns</li> <li>Sorting portable play equipment based on an attribute i.e. color or size</li> </ul>
<b>Language Development:</b> <ul style="list-style-type: none"> <li>Hears and discriminates the sounds of language</li> <li>Understands and follows directions</li> </ul>	<ul style="list-style-type: none"> <li>Follow the leader (great for limited space and transition times)</li> <li>Build a Bridge (cooperative play)</li> <li>Dance Freeze (great for limited space and transition times)</li> <li>Swing and Sway (transitioning music, traveling and stabilizing skills, balance)</li> <li>Swat the Fly</li> </ul>

**\*Songs:** can increase physical activity for everyone, can teach school-readiness skills, are ideal for limited spaces, can be used as an introduction to a concept or lesson.

**\*Adapted from Creative Kids Curriculum and I am Moving, I am Learning Curriculum**

